

**RBG Community Hub**  
If you need help because you are vulnerable and self-isolating, and have not got a family member, friend or neighbour who can help, our volunteers could provide support with:   
- collecting / delivering prescriptions  
- delivering essential food packages  
- connecting you to local community services.  
[covid19support@royalgreenwich.gov.uk](mailto:covid19support@royalgreenwich.gov.uk)    
Phone: 0800 470 4831

**Update from Covid-19 Mutual Aid**

Requests for help from Coldharbour and New Eltham Covid-19 Mutual Aid group can be made via:

WhatsApp groups: <https://chat.whatsapp.com/EG0jh3s0R2Q3qUSrKjZWhx>

Google form:  <http://bit.ly/GwichMutualAid>

Greenwich Covid19 Facebook group: <https://www.facebook.com/groups/GreenwichCovid19MutualAid/>

Volunteers can sign up here: <http://bit.ly/GwichMA>